



Innisdale Daily Announcements

September 6, 2023

Athletic Society	Come and join the Athletic Society. Athletic Society will be meeting this Thursday at the beginning of lunch in Room 147. See Ms. Broley if you have any questions.
Girls Rugby	Rugby 7s. All interested girls who are interested in playing rugby 7s, tryouts will start on Thursday September 7th after school on the football field. Rugby 7s. Tryouts start Thursday September 7th. No experience necessary.
Cross Country Running	Are you interested in meeting other students, improving their mental wellness, getting in shape, or competing with other individuals? The cross-country running club may be what you need. For more information go to room 211 at the start of lunch on Thursday, September 7 for a brief meeting.
Contact Football	Attention all invaders interested in playing contact football this fall. Tryouts/practice starts today after school on the field. You'll need shorts, a T-shirt and water. You'll need to make sure you get your permission forms filled in ASAP. These can be found on school cash online. See you promptly after school.
Junior Boys and Girls Basketball Skill Development Sessions	Attention Invaders in grades 9 and 10 looking to improve their basketball skills. There is a brief information session at lunch in room 211 on Friday, September 8th to discuss gym times available for improving your shot, dribbling, and passing skills, and overall basketball acumen. Please see Mrs. Harrington in room 211 if you have any questions.