



## Innisdale Daily Announcements

# September 5, 2023

Athletic Society	Come and join Athletic Society. Athletic Society will be meeting this Thursday at the beginning of lunch in Room 147. See Ms. Broley if you have any questions.
Cross Country Running Club	Attention ALL Invaders! Looking for an opportunity to meet new friends, improve mental wellness, get into shape, or compete against other students? The Innisdale Cross Country running club is the answer. All interested students are invited to attend a meeting in room 211 at the start of lunch on Thursday, September 7.
Junior Boys and Girls Basketball Skill Development sessions	Attention Invaders in grades 9 and 10 looking to improve their basketball skills : There is a brief information session at lunch in room 211 on Friday, September 8 to discuss gym times available for improving your shot, dribbling and passing skills, and overall basketball acumen. Please see Mrs. Harrington in room 211 if you have any questions.
Football	Attention all Invaders looking to play contact football this fall. Permission forms were mailed out through school cash on line late last week. Please make sure you get them filled in and submitted ASAP as possible. Tryouts/practice begins Wednesday night after school. You will need shorts, running shoes/cleats, and water. Seniors, please make sure you see either Cudmore in phys'ed, Read in 201, or McElrea in Business for sign up.
Girls Rugby	Rugby 7s.  All interested girls who are interested in playing rugby 7s, tryouts will start on Thursday September 7th after school on the football field.  Rugby 7s. Tryouts start Thursday September 7th.  No experience necessary.