

Innisdale Daily Announcements September 29, 2023

| Junior Boys Volleyball | The junior boys volleyball team traveled to Maple Ridge yesterday to take on the ravens. Despite our best efforts, we ultimately fell short in 3 sets. Players, quick 5-minute meeting in room 165 today right at the start of lunch. You too Ben L! |
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| Cross Country Running | Congratulations to all cross-country runners who competed in a relentless racecourse at Sunnidale Park. All athletes improved their performances from last week's competition and most finished with smiles on their faces. Kudos to Cameron Blackwell who finished 7th in the Novice Boys 4 km race and Tyler Klazak who finished 4th in the Senior boys 6km race. Well done, Invaders! |
| National Day for Truth and Reconciliation | Tomorrow is National Truth and Reconciliation Day. In honour of all those students who were forced to attend Residential Schools and their families, you are invited to join Sundown in the outdoor classroom during lunch to participate in a Smudge. Or visit room 211 to participate in a livestream session with Indigenous Youth who share their experiences with intergenerational trauma and what they are doing to foster healing. |
| French Department | Interested in roaming a battlefield, the old French quarter of Quebec city and tasting real maple syrup? If you are taking a French class this year, sign up in room 214 to see if we have enough interested students to make this happen ASAP. |
| Swim Team | If you are interested in swimming for the ISS swim team, please sign up in room 250 and for more information. |